



Dance 10 Foundations

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Introduction

Welcome to Dance 10 Foundations. The big ideas for this course are:

- Dance offers unique ways of exploring our identity and sense of belonging.
- Individual and collective expression is rooted in history, culture, community and values.
- Growth as a dancer and choreographer requires perseverance, resilience, and reflection.
- The body is an instrument of artistic expression in dance.
- Traditions, perspectives, worldviews, and stories are shared through aesthetic experiences.

What will the course include?

This course works through both information and assignments about the elements of dance, culture, genres and artistic expression as well as a practical component. This course is designed for students with little previous experience in dance.

There are five units in the course:

1. Exploring Identity and Belonging Through Dance
2. Expression of Dance (historical perspective)
3. Perseverance, Resilience and Reflection (practical component)
4. Dance Literacy
5. Movement Studies (Portfolio)

Students must do the following:

1. Complete the first unit of the course in order to fully enroll in the course.
2. Enroll in a community dance course that is at least six weeks in duration, and report on the following:
 - a. Dance style of choice
 - b. Studio, teacher, and schedule of classes
 - c. Duration of community class
 - d. Personal goal for practical component

3. Provide weekly reflections during practical component of course that analyzes personal progress towards goals, self-assesses skill development, and reflects on artistic expression and movement.
4. Complete all knowledge assignments in the course, demonstrating competency in the learning outcomes presented.
5. Students will send in samples of movement work (video) during the course, and will complete a final portfolio that will include either a performance (can be video recording). Students may be asked to have their community class teacher complete an assessment form that is provided by the teacher.

Assessment

Students will be assessed based on the quality of their achievement, goal setting, reflection on their approach to their goals, and their practice and performance time. A combination of student and teacher assessment will be used.

Students must provide a final project (portfolio) in order to complete this course.

Resources

Prescribed Learning Outcomes:

The curriculum guide for this course is available [here](#).

Jupiter Grades: Mark update and assignment feedback at <https://jupitergrades.com>

Course Website: <http://sd68.blackboard.com>

School Website: <https://island-connected.sd68.bc.ca>

Attendance

Please be aware that Island Connect K -12 does not have a general attendance requirement. However, as this is a time-based course, students must submit lesson/practice/reflections on a weekly basis.

Completion Timeline Expectations

Successful learners typically finish within four months of initial enrollment in this course. Students must complete all components of the online course, as well as the practical component in order to receive credit for Dance 10 Foundations. Students must submit work regularly, and stay in contact with the teacher in order to remain enrolled in this course.